

Prior Authorization Requirements

In Lieu of Services (ILOS) are medically appropriate, cost-effective alternatives to certain state plan services and are subject to utilization management requirements.

Beginning December 1, 2025, prior authorization will be required for ILOS once existing authorizations expire and for all new requests submitted on or after that date. ILOS policies, including related prior authorization requirements, will be made publicly available.

Service Name	ILOS Definition	Coding	Effective Date	Prior Authorization and Documentation Requirements
Transitional Youth Services	Home and community-based outpatient intervention for ages 16 to 21, up to the 22nd birthday, transitioning to adult systems; supports education, employment, housing, daily living, and BH stability.	H2022 U5 (1 unit = 1 month)	December 1, 2025	<ul style="list-style-type: none"> No initial PA for the first nine months Documentation due within two weeks: SAR notice, CCA, Life Skills Assessment, PCP, Service Order, Crisis Plan Reauthorization every 60 days after month nine Target LOS 12 months
Residential — Complex Needs (I/DD + MH)	Short-term residential treatment for ages 5 to under 21 with complex I/DD + MH needs requiring structured intensive support.	H0018 HA (per diem)	December 1, 2025	<ul style="list-style-type: none"> PA day one Initial authorization 60 days SAR + CCA + psych eval + PCP + Service Order + Crisis Plan Within 30 days, CALS, FBA, preference assessments Reauthorization every 60 days LOS target 120 days

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Update to Prior Authorization Requirements

Service Name	ILOS Definition	Coding	Effective Date	Prior Authorization and Documentation Requirements
Intercept Program	In-home diversion and reunification services for ages 4 to 20 at risk of or returning from out-of-home placement.	H0036 HK U5	December 1, 2025	<ul style="list-style-type: none"> No PA for the first 90 days SAR within one week Within 30 days PCP + Service Order + CCA + Crisis Plan Reauthorization at 90 days then every 30 days; includes CANS + NCTOPPS + Updated PCP + Discharge Plan LOS 4-9 months for diversion/stabilization and 6-9 months for reunification
In Home Therapy Services (IHTS)	Evidence-based therapy and care coordination for ages 3 to under 21 with complex needs where outpatient services are insufficient.	H2022 HE U5; H2022 TS U5 (1 unit/week)	December 1, 2025	<ul style="list-style-type: none"> PA required for the first 60 days SAR + CCA + Service Order + PCP Reauthorization every 60 days; includes Updated CCA + Updated PCP + Discharge Plan LOS up to six months (24 units)
High Fidelity Wraparound	Intensive care coordination for children/youth ages 3 to under 21 with complex emotional/behavioral needs; fidelity required.	H0032 U5	December 1, 2025	<ul style="list-style-type: none"> No initial PA for the first 9 months SAR within one week Submit PCP + CCA + Crisis Plan + Service Order within 30 days Concurrent review every 30–60 days (1-2 units) After 9 months, submit updated PCP/HFW plan + updated CCA LOS 9–12 months

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Update to Prior Authorization Requirements

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Enhanced Crisis – Rapid Response Teams	Crisis intervention and stabilization for ages 5 to 64; available 24/7/365; next-day follow-up.	H2011 U5 U1 (weekly)	December 1, 2025	<ul style="list-style-type: none"> No PA for the first 8 weeks 1 billable unit/week for eight weeks SAR notification within seven days of service initiation Continued if crisis unresolved Reauthorization is required after 8 weeks if the crisis is unresolved Service typically does not exceed 12 weeks Reauthorization documentation after eight weeks includes PCP + Crisis Plan Coordination with existing providers required
Rapid Response Homes	Emergency licensed therapeutic foster homes for stabilization of youth ages 5 to 20.	S5145 U5 (daily)	December 1, 2025	<ul style="list-style-type: none"> No PA for the first seven days PA after day seven requires SAR + CCA + Crisis Plan Max LOS 21 days Extension requires a documented transition plan
Outpatient Plus	Enhanced outpatient therapy and care management for ages 4 and above with needs above OPT but below IIH/CST.	H2021 U5	December 1, 2025	<ul style="list-style-type: none"> PA required by day one Initial authorization 90 days Reauthorization every 30 days Requires CCA, PCP, Service Order LOS up to 180 days

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Service Name	ILOS Definition	Coding	Effective Date	Prior Authorization and Documentation Requirements
Family Centered Treatment	Evidence-based intensive in-home model addressing trauma, emotional/behavioral issues, while preventing out-of-home placement for ages 3 to under 21.	H2022 U5 U1 H2022 U5 U2 H2022 U5 U3 H2022 U5 U4	December 1, 2025	<ul style="list-style-type: none"> • No PA for the first 180 days • Notification SAR within seven days • Requires CCA, Service Order, PCP, Crisis Plan • Concurrent review every 60 days; includes outcome reports • LOS 6 months