

May 19, 2022

Sleep Study Notice

In an effort to provide effective treatments and greater access for our Healthy Blue members, Blue Cross and Blue Shield of North Carolina is changing the way we authorize sleep studies. Healthy Blue will no longer require prior authorization on CPT® codes 95800 and 95806 when the place of service is the member's home (POS 12).

Effective May 1, 2022, sleep studies performed in a place of service other than the member's home will require a prior authorization. To meet medical necessity, the request must identify special circumstances that justify the place of service other than the home. If no special circumstances exist, such as a sleep study connected to an inpatient admission or emergency room visit, the study will be redirected to a participating home sleep study provider. Services that meet medical necessity criteria but are performed in a setting other than what was authorized will be subject to administrative denial.

As previously communicated, sleep studies performed in the patient's home do not require medical necessity determination. Please refer to the table below for the description of the sleep study CPT/HCPCS codes mentioned above.

Please send all questions to NC_Provider@healthybluenc.com with the provider or group name in the subject line and a tax ID and provider NPI included in the body of the email.

Sincerely,

Provider Solutions
Healthy Blue

CPT/HCPCS codes	Description
95800	Sleep study, unattended, simultaneous recording; heart rate, oxygen saturation, respiratory analysis (such as by airflow or peripheral arterial tone), and sleep time.
95806	Sleep study, unattended, simultaneous recording of heart rate, oxygen saturation, respiratory airflow, and respiratory effort (such as thoracoabdominal movement).



Email is the quickest and most direct way to receive important Healthy Blue information from Blue Cross and Blue Shield of North Carolina.

To start receiving email from us (including some sent in lieu of fax or mail), submit your information using the QR code to the right or via our online form (<https://bit.ly/3J4MTIP>).



<https://provider.healthybluenc.com>

Healthy Blue is a Medicaid plan offered by Blue Cross and Blue Shield of North Carolina. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross and Blue Shield Association. © Marks of the Blue Cross and Blue Shield Association. All other marks are the property of their respective owners.
BNCPEC-0841-22 April 2022