

Clinical Practice Guidelines

Reviewed January 2025
Date adopted February 2025

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ADULT HEALTH Note: *Multiple documents also discuss the management of the referenced condition in the pediatric population.*

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMENS HEALTH

OTHER-TECHNOLOGY

Condition/Disease	Guideline Title	Recognized Source(s)	URL
ADULT HEALTH Return to table of contents			
Adjustment Disorder	Adjustment Disorder (2017)	John Hopkins Medicine	https://www.hopkinsguides.com/hopkins/view/Johns_Hopkins_Psychiatry_Guide/787068/all/Adjustment_Disorder#3.0
Alzheimer’s Disease / Dementia	Health Systems and Medical Professionals Resource Site	Alzheimer’s Association	https://www.alz.org/professionals/health-systems-medical-professionals
	American Psychiatric Association	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807

<https://provider.healthybluenc.com>

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NCHB-CD-079886-25-SRS79886 April 2025

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (May 2016)		
Anxiety	Anxiety Disorders (Last Reviewed February 2025)	National Institute of Mental Health (NIMH)	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Appendicitis	Diagnosis and Treatment of Acute Appendicitis: 2020 Update of the WSES Jerusalem Guidelines	World Society of Emergency Surgery (WSES)	https://www.wses.org.uk/wp-content/uploads/2020/04/acute-appendicitis-update.pdf
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (September 2012) 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Prevention Program Coordinating Committee Expert Panel Working Group		
	Asthma Clinical Practice Guidelines (2024)	Global Initiative for Asthma (GINA)	https://ginasthma.org/
Atopic Dermatitis	Guidelines of Care for the Management of Atopic Dermatitis (Last updated 2023)	American Academy of Dermatology	https://www.aad.org/member/clinical-quality/guidelines/atopic-dermatitis
Behavioral Health Screening, Assessment and Treatment	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02
	National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (January 2025)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-care-02242020.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Bipolar Disorder* * addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/
Borderline Personality	Practice Guideline for the Treatment of Patients with Borderline Personality Disorder (November 2024)	American Psychiatric Association	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890428009
Coronary Artery Disease (CAD)	AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d
	Treatment of Hypertension in Patients With	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207

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	Coronary Artery Disease (March 2015)		
	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women-2011 Update (February 2011)	American Heart Association (AHA)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8
	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010
	2021 AHA/ACC/ASE/CHE ST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American College of Cardiology/ American Heart Association/ Society of Cardiovascular Computed Tomography / Society for Academic Emergency Medicine / Society for Cardiovascular Magnetic Resonance / American College of Chest Physicians / American Society of Echocardiography / American Heart	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053
	2021 ACC/AHA/SCAI Guideline for	American College of Cardiology /American Heart Association /Society for Cardiovascular Angiography and Interventions	https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1356655696.1641505900-317854238.1639608139

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	Coronary Artery Revascularization		
Celiac Disease	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (January 2023)	American College of Gastroenterology	https://journals.lww.com/ajg/fulltext/2023/01000/%20merican_college_of_gastroenterology_guidelines.17.aspx
Chronic Kidney Disease (CKD)	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_commentaries
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2017/1215/p776.html
	KDIGO (Kidney Disease Improving Global Outcomes) 2024 CKD	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management/

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	evaluation and Management		
Chronic Obstructive Pulmonary Disease (COPD)	Global Strategy for the Prevention, Diagnosis, and Management of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	https://goldcopd.org/2025-gold-report/
Depression	Canadian Network for Mood and Anxiety Treatments (CANMAT) 2023 Update on Clinical Guidelines for Management of Major Depressive Disorder in Adults	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://journals.sagepub.com/doi/epub/10.1177/07067437241245384
	Depression in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-adults
	VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (2022)	Department of Veterans Affairs Department of Defense	https://www.healthquality.va.gov/guidelines/MH/mdd/
	APA Clinical Practice Guideline	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf

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	for the Treatment of Depression Across Three Age Cohorts (February 2019)		
Diabetes	Standards of Medical Care in Diabetes (2025)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/48/1
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders Fourth Edition (2023)	American Psychiatric Association (APA)	https://ajp.psychiatryonline.org/doi/pdf/10.1176%2Fappi.ajp.23180001
Eosinophilic Esophagitis	AGA Institute and the Joint Task Force on Allergy-Immunology Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis (2020)	American Gastroenterological Association (AGA)	https://www.gastrojournal.org/action/showPdf?pii=S0016-5085%2820%2930265-1
Gender-Dysphoria/Incongruence	Endocrine Treatment of Gender-Dysphoric/Gender-	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true

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	<p>Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017)</p> <p>Correction to Clinical Practice Guideline (February 2018)</p> <p>Correction to Clinical Practice Guideline (July 2018)</p>		<p>https://academic.oup.com/jcem/article/103/2/699/4675081</p> <p>https://academic.oup.com/jcem/article/103/7/2758/5036711</p>
	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc
Fall Risk	Falls Prevention in Community-Dwelling Older Adults: Interventions (June 2024)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/falls-prevention-community-dwelling-older-adults-interventions
	Evidence –Based Falls Prevention Programs: Resources for	National Council on Aging	https://www.ncoa.org/older-adults/health/prevention/falls-prevention

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	Professionals and Advocates		
Hearing Loss	Age-Related Hearing Loss (April 2024)	American Academy of Otolaryngology — Head and Neck Surgery	https://www.entnet.org/quality-practice/quality-products/clinical-practice-guidelines/cpg-age-related-hearing-loss/
Heart Failure (HF)	2022 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA)	https://www.ahajournals.org/doi/epub/10.1161/CIR.00000000001063 http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706
Hyperlipidemia	2018 AHA/ACC/AACVPR/ A APA/ABC/ACPM/AD A/ AGS/APhA/ASPC,NL A	American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College	https://www.acc.org/~media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf

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	/PCNA Guideline on the Management of Blood Cholesterol (June 2019)	of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA)	
Hypertension	ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017) Correction to Guideline (May 2018)	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&sso_redirect_count=1&access_to_ken= http://www.onlinejacc.org/content/71/19/2275
Low Back Pain	Noninvasive Treatments for Acute, Subacute,	American College of Physicians (ACP)	https://www.acpjournals.org/doi/10.7326/M16-2367

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	and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017)		
Obesity	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions
	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (June 2014)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	https://www.ahajournals.org/doi/10.1161/CIR.0000000000000070
Oppositional Defiant Disorder (ODD)	Common Questions About Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/dam/brand/aafp/pubs/afp/issues/2016/0401/p586.pdf
Posttraumatic Stress Disorder	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline

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	<p>(February 2017)</p> <p>VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2024)</p> <p>PTSD Screening Instruments</p>	<p>Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group</p> <p>Department of Veterans Affairs: PTSD: National Center for PTSD</p>	<p>https://www.healthquality.va.gov/guidelines/MH/ptsd/VA-DoD-CPG-PTSD-Full-CPGAug242023.pdf</p> <p>https://www.ptsd.va.gov/professional/assessment/screens/index.asp</p>
Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://assets.contentstack.io/v3/assets/bltee37abb6b278ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/ra-guideline-2021.pdf
Rhinitis	Rhinitis 2020: A practice parameter update	American Academy of Allergy, Asthma, and Immunology (AAAAI)	https://www.jacionline.org/action/showPdf?pii=S0091-6749%2820%2931023-X
Schizophrenia	<p>Practice Guideline for the Treatment of Patients with Schizophrenia 3rd edition (2021)</p> <p>VA/DoD Clinical Practice</p>	<p>American Psychiatric Association (APA)</p> <p>Veterans Administration/Department of Defense (VA/DoD)</p>	<p>https://s21151.pcdn.co/wp-content/uploads/APA-Practice-Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd-Edition-SRC-1-8-21-CMMC-1.pdf</p> <p>https://www.healthquality.va.gov/guidelines/MH/scz/VA-DoDCPGSchizophreniaCPG_Final_508.pdf</p>

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	Guideline For Management Of First-Episode Psychosis And Schizophrenia (2023)		
Sickle Cell Anemia	American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain	American Society of Hematology	https://ashpublications.org/bloodadvances/article/4/12/2656/460974/
Stroke	2024 Guideline for the Primary Prevention of Stroke: A Guideline From the American Heart Association/American Stroke Association	American Heart Association/American Stroke Association	https://www.ahajournals.org/doi/epub/10.1161/STR.0000000000000475
Suicide Risk	SAFE-T: Suicide Assessment Five Step Evaluation and Triage (Last updated 2/13/2025)	Suicide Prevention Resource Center (SPRC)	https://www.samhsa.gov/resource/dbhis/safe-t-pocket-card-suicide-assessment-five-step-evaluation-triage-safe-t-clinicians
	VA/DoD Clinical Practice Guideline for Assessment and	Veterans Administration/Department of Defense (VA/DoD)	VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide

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	Management of Patients at Risk for Suicide (2024)		
Surgery	Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	Agency for Healthcare Research and Quality (AHRQ)	https://www.ajog.org/article/S0002-9378(18)30583-0/pdf
	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017)	AHRQ	https://www.ncbi.nlm.nih.gov/pubmed/28797562
	Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451

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	Program for Improving Surgical Care and Recovery (February 2018)		
Trauma Care	<p>A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (October 2015)</p> <p>Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series</p>	Substance Abuse and Mental Health Services Administration (SAMHSA)	<p>https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420</p> <p>https://store.samhsa.gov/?f%5B0%5D=series%3A1078</p>
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Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	https://www.cdc.gov/std/treatment-guidelines/default.htm
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015)	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.1002/hep.28156

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	Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)		https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf
Hepatitis C	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	http://www.hcvguidelines.org/
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (2017)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1%20%20%20
HIV/AIDS	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/

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	Society of America (2024)		
	HIV Guidelines	Centers of Disease Control and Prevention (CDC)	https://www.cdc.gov/hivnexus/hcp/guidelines/index.html
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV (2017)	Infectious Diseases Society of America	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf
	HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013)	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241506168
Lyme Disease	Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American	Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR)	https://www.idsociety.org/practice-guideline/lyme-disease/#null

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease		
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2019/0901/p281.html
	Clinical Care for Outpatient Clinical Care for Adults (Last reviewed April 16, 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/hcp/clinical-care/adult-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html
	Outpatient Clinical Care for Pediatric Populations (Last reviewed April 22, 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/hcp/clinical-care/pediatric-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html
	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis)	Infectious Diseases Society of America	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Tuberculosis	Treatment of Drug-Resistant Tuberculosis. An Official ATS/CDC/ERS/IDSA Clinical Practice Guideline (2019)	American Thoracic Society (ATS), the Centers for Disease Control and Prevention (CDC), the European Respiratory Society, and Infectious Diseases Society of American (IDSA)	https://www.idsociety.org/practice-guideline/treatment-of-drug-resistant-tb/#null
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Adjustment Disorder	Adjustment Disorder: Collection of Evidence-Based Practices, 7 th Edition	Virginia Commission on Youth	http://vcoy.virginia.gov/009%20adj.pdf
Anxiety	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders (2020)	American Academy of Adolescent Psychiatry	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders - Journal of the American Academy of Child & Adolescent Psychiatry (jaacap.org)
Attention Deficit Hyperactivity Disorder (ADHD)	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivit	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/144/4/e20192528/81590/Clinical-Practice-Guideline-for-the-Diagnosis?autologincheck=redirected

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	y Disorder in Children and Adolescents (October 2019)		
	ADHD Diagnosis and Treatment in Children and Adolescents (2024)	Agency for Healthcare Research and Quality (AHRQ)	https://effectivehealthcare.ahrq.gov/products/attention-deficit-hyperactivity-disorder/research
Autism	Identification Evaluation and Management of Children With Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf
Celiac Disease	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf

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Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-children-adolescents
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf
Hypertension in Children and Adolescents	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/140/3/e20171904/38358/Clinical-Practice-Guideline-for-Screening-and
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents With Obesity (2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/doi/10.1542/peds.2022-060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected

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	Clinical Report: The Role of the Pediatrician in the Promotion of Health, Active Living (March 2024)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/153/3/e2023065480/196676/The-Role-of-the-Pediatrician-in-the-Promotion-of
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017)	National Institute of Health (NIH) PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/
Pharmacologic Monitoring of Antipsychotics	Evidence-Based Recommendations for Monitoring Safety of Second Generation Antipsychotics in Children and Youth (2011)	Canadian Institutes of Health Research	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3143700/pdf/ccap20_3p218.pdf
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	The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-occurring	American Society of Addiction Medicine	https://www.asam.org/asam-criteria Document.requires.purchase

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	Conditions, Volume 1: Adults. 4th ed		
	Medication-Assisted Treatment of Adolescents With Opioid Use Disorders (September 2016)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/138/3/e20161893/52715/Medication-Assisted-Treatment-of-Adolescents-With
	American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/drug-testing
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions
	CDC Guideline for Prescribing Opioids	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103a1.htm_w

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	for Chronic Pain — United States (2022)		
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969
	The National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline

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	Medication for Substance Use Disorders- (Last Updated April 11, 2024)	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
Cigarette Cessation	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	https://www.becomeanex.org/
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
	ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018)	American College of Cardiology (ACC)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027
Electronic Cigarettes	E-Cigarettes (Vapes)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/e-cigarettes/?CDC_AAref_Val=https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm
	American Academy of Pediatrics Policy Statement E-Cigarettes and Similar Devices (February 2019)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/143/2/e20183652/37305/E-Cigarettes-and-Similar-Devices
All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT NOW will connect the caller to their state quit line.			

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WOMEN'S HEALTH Return to table of contents			
Perinatal Depression	Perinatal Depression: AAP Policy Statement on Recognition and Management (2019)	American Academy of Pediatrics (AAP)	https://www.aafp.org/pubs/afp/issues/2019/1001/p443.pdf
Routine Antepartum Care	American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017)	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx
Preventive Care	Women's Preventive Services Guidelines (Last Reviewed 2022)	Health Resources and Services Administration (HRSA)	https://www.hrsa.gov/womens-guidelines-2016/index.html
Cancer Screening	Women's Health Care Physicians: Cervical Cancer FAQs (May 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/womens-health/faqs/cervical-cancer-screening
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (2025)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/article/48/Supplement_1/S306/157565/15-Management-of-Diabetes-in-Pregnancy-Standards

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Gestational Diabetes Mellitus, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&s=gestational%20diabetes
	Gestational Diabetes	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus Members.only
Care of Complications during Pregnancy	WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia (2011) <i>Updates in 2018, 2020 2021</i>	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548335
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020)	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2010/03/magnesium-sulfate-before-anticipated-preterm-birth-for-neuroprotection.pdf
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus

Condition/Disease	Guideline Title	Recognized Source(s)	URL
			Members.only
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor Members.only
	Chronic Hypertension in Pregnancy (January 2019)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy Members.only
Diagnosis of Mental Health Conditions	Screening and Diagnosis of Mental Health Conditions During Pregnancy and Postpartum (2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2023/06/screening-and-diagnosis-of-mental-health-conditions-during-pregnancy-and-postpartum Members.only
Substance use Specific to Women	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2021)	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/06/alcohol-abuse-and-other-substance-use-disorders-ethical-issues-in-obstetric-and-gynecologic-practice
	Guidelines for the identification and	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548731

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	management of substance use and substance use disorders in pregnancy (2014)		
	Substance Abuse and Mental Health Services Association Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018)	Substance Abuse and Mental Health Services Association	https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf
Equity in Health Care	Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/01/importance-of-social-determinants-of-health-and-cultural-awareness-in-the-delivery-of-reproductive-health-care.pdf
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual,	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/08/marriage-and-family-building.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (Reaffirmed 2021)		
	Committee Opinion 586 Health Disparities in Rural Women (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2014/02/health-disparities-in-rural-women.pdf
Smoking Cessation during Pregnancy	Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (Reaffirmed 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy
	Need Help Putting Out That Cigarette?	American Congress of Obstetrics and Gynecology (ACOG)	http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic,” an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/
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	Guidelines for the Practice of Telepsychology (Last updated 2023)	American Psychological Association (APA)	https://www.apa.org/practice/guidelines/telepsychology https://s21151.pcdn.co/wp-content/uploads/APA-Guideline-for-the-Practice-of-Telepsychology.pdf
	Best Practices in Videoconferencing-Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf
	AACAP's Telepsychiatry Toolkit	American Academy of Child & Adolescent Psychiatry (AACAP)	https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx
	Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021)	American Society of Clinical Oncology (ASCO)	https://ascopubs.org/doi/full/10.1200/OP.21.00438
	Telehealth and Telemedicine	American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/practice-and-career/managing-your-practice/telehealth-and-telemedicine.html
	Standards for Technology in Social Work Practice	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) & Clinical Social Work Affiliation (CSWA)	Standards for Technology in Social Work Practice (socialworkers.org)