

## In-home Respite In Lieu of Service UM Guideline

**Subject:** ILOS – In-home Respite

**Current Effective Date:** 07/01/2021

**Status:**

**Last Review Date:** 06/07/2021

### Description

To provide temporary respite care to caregivers of members receiving Long-Term Services and Supports (LTSS) in order to avoid burnout and relieve the strain of caregiving. The in-home respite care ILOS will be non-institutional respite services provided by homecare agencies licensed by the State of North Carolina. This service will avoid costly institutional placement by offering family members in home respite services to avoid caregiver burnout. The benefit is limited 24 hours per year (365 days).

This service may be used to meet a wide range of needs, such as planned special circumstances (vacations, hospitalizations, or business trips); relief from the daily responsibility and stress of caring for a beneficiary with a disability; or the provision of time for the caregiver(s) to complete essential personal tasks.

### Clinical Indications

**Medically Necessary:**

- Member has qualified for and is authorized to receive one of the following LTSS services: PCS, PDN and hospice.
- The member's clinical condition meets requirements for an LTSS service, and has at least one of the following qualifying criteria, and the attending provider attests that additional hours would help to ensure maintenance of health, safety and welfare of the member at home rather than a long term care facility:
  - a. primary caregiver who is assessed to have strain or burnout as a result of caregiving; or
  - b. determination by Adult Protective Services that in-home respite would help ensure the recipient's health, safety, and welfare.

**Limitations on Coverage:**

- Benefit maximum of 24 hours per year (365 days)
- This service may not be used as a regularly scheduled daily service
- The unpaid caregiver cannot be the paid provider of respite services
- Respite cannot be used for a beneficiary who are living alone or with a roommate
- Staff sleep time is not covered using respite
- In-home respite must be provided in the member's residence

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- In-home respite cannot be used if member is receiving 24-hour PDN services in the home under a combination of the state plan benefit and PDN ILOS benefit.

### Program Requirements

- Enrollee must qualify and receive at least one of the following LTSS services: PCS, PDN or hospice.
- Be at risk of requiring long-term nursing facility placement in the absence of a combination of state plan benefit services and the in-home respite ILOS.
- Member lives in a home environment with a caregiver that is need of respite.

### Coding

Procedure Code	Service Description	Rate	Billing Frequency
S5150 U1	In-home Respite Care	3.90	Per 15 min unit

### Discussion/General Information

**Eligible providers must meet the following:**

In-Home Respite services must be provided by a homecare agency licensed by the State of North Carolina in accordance with 10A NCAC 13J.1107 when directed by an In-Home Aide Agency

### Definitions

**In Lieu of Services (ILOS):** Services or settings that are not covered under the North Carolina Medicaid State Plan but are a medically appropriate, cost-effective alternative to a State Plan covered service.

### Acronyms

**LTSS:** Long Term Services and Supports

**ILOS:** In Lieu of Services

**CCP:** Clinical Coverage Policy

**PCS:** Personal Care Services

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**PDN:** Private Duty Nursing

### References

North Carolina Clinical Coverage Policy 3K-, NC Medicaid Community Alternatives Program for Disabled Adults

NC DHHS Approved ILOS Document:  
BCBS\_BCM07^AI-04\_In\_Lieu\_of\_Services\_Respite\_Care

NC PHP Contract: Revised and Restated RFP 30-190029-DHB; section C., 1. g. In Lieu of services

### Websites for Additional Information

<https://medicaid.ncdhhs.gov/providers/clinical-coverage-policies/community-based-services-clinical-coverage-policies>

<https://provider.healthybluenc.com/north-carolina-provider/manuals-and-guides>

### History

Status	Date	Action
In process	06/03/2021	Document Created