

Healthy Blue Care Together — In Lieu of Services (ILOS) Quick Reference Guide

In Lieu of Services (ILOS) are services or settings not covered under NC Medicaid, but are a medically appropriate, cost-effective alternative to a State Plan-covered service. Members are not required to use ILOS services, and all ILOS related policies will be shared publicly.

The prior authorization requirements will be required after existing authorizations expire and for new requests after December 1, 2025.

Service Name	ILOS Definition	Coding	Effective Date	Prior Authorization and Documentation Requirements
Transitional Youth Services	Home and community-based outpatient intervention for ages 16 to 21, up to the 22nd birthday, transitioning to adult systems; supports education, employment, housing, daily living, and BH stability.	H2022 U5 (1 unit = 1 month)	December 1, 2025	<ul style="list-style-type: none"> • No initial PA for first nine months • Documentation due within two weeks: SAR notice, CCA, Life Skills Assessment, PCP, Service Order, Crisis Plan • Reauthorization every 60 days after month nine • Target LOS 12 months
Residential — Complex Needs (IDD + MH)	Short-term residential treatment for ages 5 to under 21 with complex IDD + MH needs requiring structured intensive support.	H0018 HA (per diem)	December 1, 2025	<ul style="list-style-type: none"> • PA day one • Initial auth 60 days • SAR + CCA + psych eval + PCP + Service Order + Crisis Plan • Within 30 days CALS, FBA, preference assessments • Reauthorization every 60 days • LOS target 120 days

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Intercept Program	In-home diversion and reunification services for ages 4 to 20 at risk of or returning from out-of-home placement.	H0036 HK U5	December 1, 2025	<ul style="list-style-type: none"> • No PA first 90 days • SAR within one week • Within 30 days PCP + Service Order + CCA + Crisis Plan • Reauthorization at 90 days then every 30 days; includes CANS + NCTOPPS • LOS four-nine months
In Home Therapy Services (IHTS)	Evidence-based therapy and care coordination for ages 3 to under 21 with complex needs where outpatient services are insufficient.	H2022 HE U5; H2022 TS U5 (1 unit/week)	December 1, 2025	<ul style="list-style-type: none"> • PA required for first 60 days • SAR + CCA + Service Order + PCP + CALOCUS/CANS • Reauthorization every 60 days • LOS up to six months (24 units)
High Fidelity Wraparound	Intensive care coordination for children/youth ages 3 to under 21 with complex emotional/behavioral needs; fidelity required.	H0032 U5	December 1, 2025	<ul style="list-style-type: none"> • No initial PA; SAR within one week • PCP + CCA + Crisis Plan + Service Order within 30 days • Concurrent review every 30 days • After six months, include PCP/HFW plan + service notes + CANS/NCTOPPS • LOS 9-12 months
Enhanced Crisis - Rapid Response Teams	Crisis intervention and stabilization for ages 5 to 64; available 24/7/365; next-day follow-up.	H2011 U5 U1 (weekly)	December 1, 2025	<ul style="list-style-type: none"> • No PA • 1 billable unit/week for eight weeks • Continued if crisis unresolved • Coordination with existing providers
Rapid Response Homes	Emergency licensed therapeutic foster homes for stabilization of youth ages 5 to 20.	S5145 U5 (daily)	December 1, 2025	<ul style="list-style-type: none"> • No PA for the first seven days • PA after day seven • Max LOS 21 days • Extension requires a documented transition plan

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Outpatient Plus	Enhanced outpatient therapy and care management for ages 4 and above with needs above OPT but below IIH/CST.	H2021 U5	December 1, 2025	<ul style="list-style-type: none"> • PA required by day one • Initial authorization 90 days • Reauthorization every 30 days • Requires CCA, PCP, Service Order, LOCUS/CALECUS/ASAM/CANS/ECSII • LOS up to 180 days
Family Centered Treatment	Evidence-based intensive in-home model addressing trauma, emotional/behavioral issues, while preventing out-of-home placement for ages 3 to under 21.	H2022 U5 U1 H2022 U5 U2 H2022 U5 U3 H2022 U5 U4	December 1, 2025	<ul style="list-style-type: none"> • No PA first 180 days • Notification within seven days • Requires CCA, Service Order, PCP, Crisis Plan • Concurrent review every 60 days; includes outcome reports • LOS six months