

Hot Tip: Inhalers

To ensure a smooth pharmacy experience, your Healthy Blue and Healthy Blue Care Together patients must meet specific requirements when using non-preferred inhaler products. Consider prescribing preferred products whenever possible to help avoid additional steps or delays at the pharmacy. Clinical Criteria may need to be met for certain preferred products. Coverage should be verified by reviewing the Preferred Drug List on the [provider website](#). The Preferred Drug List is subject to change quarterly at the discretion of the North Carolina Department of Health and Human Services.

Non-preferred inhalers require a trial and failure of two preferred inhalers to be approved.

Therapeutic Class	Preferred Products	Non-Preferred Products
Inhalers — Long-acting beta — adrenergics	Serevent Diskus	Striverdi Respimat inhalation
Inhalers — rescue (short-acting)	Albuterol HFA inhaler <i>Generic for ProAir HFA, Proventil HFA, Ventolin HFA</i> Ventolin HFA inhaler Xopenex HFA inhaler	Levalbuterol HFA inhaler <i>Generic for Xopenex HFA</i> Proair Digihaler Proair RespiClick
Chronic Obstructive Pulmonary Disease (COPD) Agents	Anoro Ellipta inhaler Atrovent HFA inhaler Combivent Respimat inhalation spray Incruse Ellipta inhaler Spiriva Handihaler Spiriva Respimat inhalation spray Stiolto Respimat inhalation spray	Bevespi Aerosphere Duaklir Pressair Tiotropium inhaler <i>Generic for Spiriva Handihaler</i> Tudorza Pressair inhaler
Inhalers — corticosteroids	Alvesco inhaler	ArmonAir digihaler

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Therapeutic Class	Preferred Products	Non-Preferred Products
	Arnuity Ellipta inhaler Asmanex HFA inhaler Asmanex Twisthaler Flovent Diskus Flovent HFA inhaler Fluticasone propionate HFA <i>Generic for Flovent HFA</i> Pulmicort Flexhaler QVAR Redihaler	Fluticasone propionate diskus <i>Generic for Flovent Diskus</i>
Inhalers — corticosteroid combination	Advair Diskus Advair HFA inhaler Dulera inhaler Symbicort inhaler	Fluticasone/Salmeterol inhalation <i>Generic for Advair Diskus</i> <i>Generic for Advair HFA</i> Budesonide/Formoterol inhalation <i>Generic for Symbicort</i> AirDuo Digihaler/RespiClick Fluticasone/Salmeterol inhalation <i>Generic for AirDuo</i> Breo Ellipta Fluticasone/Vilanterol inhalation <i>Generic for Breo Ellipta</i> AirSupra inhaler Breyna inhaler Breztri Aerosphere Trelegy Ellipta Wixela Inhub

If you have questions regarding this Hot Tip, contact Provider Services at 844-594-5072 (Healthy Blue Provider Services) or 833-777-3698 (Healthy Blue Care Together Provider Services).