

April 2023

## Sleep Study Prior Authorization Requirements Notice

In an effort to provide effective treatments and greater access for our Healthy Blue members, Blue Cross and Blue Shield of North Carolina (Blue Cross NC) is changing the way we authorize sleep studies. Blue Cross NC will no longer require prior authorization on CPT® codes 95800 and 95806 when the place of service (POS) is the member's home (POS 12).

Beginning May 1, 2023, sleep studies performed in a place of service other than the member's home will require a prior authorization. To meet medical necessity, the request must identify special circumstances that justify the place of service other than the home. If no special circumstances exist, such as a sleep study connected to an inpatient admission or emergency room visit, the study will be redirected to a participating home sleep study provider. Services that meet medical necessity criteria but are performed in a setting other than what was authorized will be subject to administrative denial.

As previously communicated, sleep studies performed in the patient's home do not require medical necessity determination. Please refer to the table below for the description of the sleep study CPT/healthcare common procedure coding system (HCPCS) codes mentioned above.

Please send all questions to [NC\\_Provider@healthybluenc.com](mailto:NC_Provider@healthybluenc.com) with the provider or group name in the subject line. Include the tax ID and provider NPI in the body of the email.

CPT/HCPCS codes	Description
95800	Sleep study, unattended, simultaneous recording; heart rate, oxygen saturation, respiratory analysis (such as by airflow or peripheral arterial tone), and sleep time
95806	Sleep study, unattended, simultaneous recording of heart rate, oxygen saturation, respiratory airflow, and respiratory effort (such as thoracoabdominal movement)



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